

FOOD INFORMATION FOR CONSUMERS REGULATION (EU) No 1169/2011 (FIC)
FOOD ALLERGEN LIST (THAI TERRE/DECEMBER 2014)

The fourteen major food allergens subject to European labelling legislation are:

- Cereals containing gluten (e.g. wheat, rye, barley, oats)
- Crustaceans (e.g. prawns, crabs, lobster, crayfish)
- Eggs
- Fish
- Peanuts
- Soybeans
- Milk
- Tree Nuts ((e.g. almonds, hazelnuts(inc. filbert, cob), walnuts, pecan, Brazil, pistachio, cashew))
- Celery/Celery
- Mustard
- Sesame
- Sulphur Dioxide (preservative/antioxidant found in some dried fruit, wine, processed potatoes)
- Lupin (a kind of legume of the Fabaceae family)
- Molluscs (e.g. clams, mussels, whelks, oysters, squid, scallops)

| <u>Item</u> | <u>Allergens Present</u> |
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| <u>A-La-Carte Menu:</u> | |
| <u>Starters:</u> | |
| 1. Prawn Crackers | Wheat, prawns |
| 2. Steamed Edamame | None |
| 3. Crispy Vegetable Rolls | Wheat, eggs, soybeans |
| 4. Tofu Satay | Wheat, peanuts, soybeans |
| 5. Vegetable Tempura | Wheat |
| 6. Prawn & Chicken Toast | Wheat, prawns, eggs, sesame |
| 7. Chicken Satay | Peanuts, milk |
| 8. Pork Satay | Wheat, soybeans, milk, celery |
| 9. Shrimp Cooked in Lemongrass | Shrimps |
| 10. Spare Ribs | Wheat, soybeans, milk, celery |
| 11. Thai Curry Fish Cakes | Wheat, eggs, various fish, peanuts, milk, celery |
| 12A. Siu Mai Dim Sum | Wheat, prawns, eggs |
| 12B. Saa Lai Dim Sum | Wheat, prawns |
| 13. Crispy Tiger Prawns | Wheat, prawns |
| 14. Stir Fried Mussels | Wheat, soybeans, milk, celery, mussels |
| 15. Duck Spring Rolls | Wheat, eggs, soybeans, milk, celery |
| 16. Soft Shell Crab | Wheat, crab, soybeans |
| 17. Scallops | Wheat, soybeans, milk, celery, scallops |
| 18. Mixed Starter | Wheat, prawns, eggs, various fish, peanuts, soybeans, milk, celery, sesame |
| <u>Chef's Specials:</u> | |
| 19. Giant Prawns | Wheat, prawns, soybeans, milk, celery |
| 20. Giant Prawn Warm Salad | Wheat, prawns, soybeans, milk, celery |
| 21. Char-Grilled Lamb Cutlets | Wheat, milk, celery |
| 22. Special Thai Terre Curry | Shrimps, monkfish, various fish |
| 23. Crispy Salmon | Wheat, salmon, milk, celery |
| 24. Weeping Tiger | Wheat, various fish, milk, celery |
| 25. Chicken Thai Salad | Wheat, various fish, milk, celery |
| 26. Giant Prawn | Wheat, prawns, various fish, milk, celery |
| <u>Famous Thai Soups:</u> | |
| 27. Marinated Pork Mince | Wheat, various fish, milk, celery |
| 28. Tom-Yum | See options |
| Options: | |
| King Prawn | Wheat, prawns, various fish, milk, celery |
| Chicken | Wheat, various fish, milk, celery |
| Mushroom | Wheat, various fish, milk, celery |
| Mixed Seafood | Wheat, prawns, various fish, milk, celery, mussels, squid, scallops |
| 29. Spicy Coconut Milk | See options |
| Options: | |
| King Prawn | Wheat, prawns, various fish, milk, celery |
| Chicken | Wheat, various fish, milk, celery |
| Mushroom | Wheat, various fish, milk, celery |
| Mixed Seafood | Wheat, prawns, various fish, milk, celery, mussels, squid, scallops |
| <u>Thai Terre Salads:</u> | |
| 30. Crispy Duck | Wheat, various fish, soybeans, milk, cashew nuts, celery |

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| 31. Mushroom | Wheat, various fish, soybeans, milk, celery |
| 32. Spicy Grilled Beef Salad | Wheat, various fish, soybeans, milk, celery |
| 33. Spicy Mixed Seafood Salad | Wheat, prawns, various fish, soybeans, milk, celery, mussels, squid, scallops |
| <u>Thai Terre Curries:</u> | |
| 34. Green Curry | Wheat, shrimps, various fish, milk, celery (plus option) |
| 35. Red Curry | Wheat, shrimps, various fish, milk, celery (plus option) |
| 36. Dried Curry | Wheat, shrimps, various fish, milk, celery (plus option) |
| Options (for 3 dishes above): | |
| Mixed Seafood | Prawns, mussels, squid, scallops |
| King Prawn | Prawns |
| Chicken | None |
| Beef | None |
| Pork | None |
| Duck | None |
| Vegetable | None |
| 37. Sliced Roast Duck Red Curry | Wheat, shrimps, various fish, milk, celery |
| 38. Massaman | Wheat, milk, celery |
| 39. Yellow Curry | Wheat, shrimps, various fish, milk, celery |
| <u>Sweet and Sour Dishes:</u> | |
| 40. Sweet & Sour | See options |
| Options: | |
| Mixed Seafood | Prawns, mussels, squid, scallops |
| King Prawn | Prawns |
| Chicken | None |
| Beef | None |
| Pork | None |
| White Fish | White fish |
| Vegetable | None |
| <u>Stir Fried Dishes:</u> | |
| 41. Oyster Sauce | Wheat, soybeans, milk, celery, oysters (plus option) |
| 42. Holy Basil | Wheat, soybeans, milk, celery, oysters (plus option) |
| 43. Cashew Nut | Wheat, soybeans, milk, cashew nuts, celery, oysters (plus option) |
| 44. Ginger | Wheat, soybeans, milk, celery, oysters (plus option) |
| 45. Garlic | Wheat, soybeans, milk, celery, oysters (plus option) |
| 46. Pad Cha | Wheat, soybeans, milk, celery, oysters (plus option) |
| 47. Yellow Curry Paste | Wheat, eggs, soybeans, milk, celery (plus option) |
| Options (for 6 dishes above): | |
| Mixed Seafood | Prawns, mussels, squid, scallops |
| King Prawn | Prawns |
| Giant Prawn | Prawns |
| Chicken | None |
| Beef | None |
| Pork | None |
| White Fish | White fish |
| Vegetable | None |
| <u>Duck:</u> | |
| 48. Duck with Tamarind Sauce | Wheat, soybeans, milk, celery |
| 49. Duck | Wheat, shrimps, soybeans, milk, celery, oysters |
| 50. Crispy Duck | Wheat, shrimps, soybeans, milk, celery, oysters |
| 51. Crispy Duck Leg | Wheat, shrimps, soybeans, milk, celery, oysters |
| <u>Fish Dishes:</u> | |
| 52. Steamed Whole Sea Bass | Wheat, sea bass, soybeans, milk, celery, oysters |
| 53. Steamed Whole Sea Bass | Wheat, sea bass, various fish, soybeans, milk, celery, oysters |
| 54. Crispy Whole Sea Bass | Wheat, sea bass, soybeans, milk, celery, oysters |
| 54A. Crispy Salmon Slices | Wheat, salmon, soybeans, milk, celery, oysters |
| <u>Wok-Fried Vegetables:</u> | |
| 55. Mixed Vegetables | Wheat, soybeans, milk, celery, oysters |
| 56. Pak Choi | Wheat, soybeans, milk, celery, oysters |
| 57. Broccoli | Wheat, soybeans, milk, celery, oysters |
| 58. Asparagus | Wheat, soybeans, milk, celery, oysters |
| 59. Baby Corn | Wheat, soybeans, milk, celery, oysters |
| <u>Noodle and Rice Dishes:</u> | |
| 60. Singapore Fried Noodles | Wheat, eggs, soybeans, milk, celery, oysters |
| 61. Traditional Pad Thai Noodles | Eggs, various fish, peanuts |
| 62. Pad See-Ew | See options |
| Options (for 3 dishes above): | |
| King Prawn | Wheat, prawns, eggs, soybeans, milk, celery, oysters |
| Chicken | Wheat, eggs, soybeans, milk, celery, oysters |
| Vegetable | Wheat, eggs, soybeans, milk, celery, oysters |
| 63. Mee-Kai | Wheat, eggs, soybeans, milk, celery, oysters |

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| 64. | Thai Terre Special Fried Rice | Wheat, eggs, soybeans, milk, celery |
| 65. | Special Fried Rice | Wheat, eggs, soybeans, milk, celery (plus option) |
| | Options: | |
| | King Prawn | Prawns |
| | Chicken | None |
| | Beef | None |
| | Pork | None |
| 66. | Egg Fried Rice | Wheat, eggs, soybeans, milk, celery |
| 67. | Steamed Coconut Rice | None |
| 68. | Steamed Rice | None |

Set Dinner Menu:

Starters:

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| Thai Curry Fish Cakes | Wheat, eggs, various fish, peanuts, milk, celery |
| Crispy Vegetable Rolls | Wheat, eggs, soybeans |
| Chicken Satay | Peanuts, milk |
| Gung Hom Pha | Wheat, prawns, soybeans, milk, celery |

Main Courses:

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| Green Chicken Curry | Wheat, shrimps, various fish, milk, celery |
| King Prawn Cashew Nut | Wheat, prawns, soybeans, milk, cashew nuts, celery, oysters |
| Crispy Duck | Wheat, shrimps, soybeans, milk, celery, oysters |
| Mixed Vegetables | Wheat, soybeans, milk, celery, oysters |
| Mee-Kai | Wheat, eggs, soybeans, milk, celery, oysters |
| Steamed Rice | None |

Desserts:

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| Fantastica | TBA |
| Royal Pot | TBA |
| Trufito | TBA |
| Banoffee Torte | TBA |
| Pineapple Delight | TBA |
| Coconut Supreme | TBA |
| Mango Delight | TBA |
| Lemon Surprise | TBA |
| Orange Surprise | TBA |
| Warm Sticky Rice | None |
| Warm Thai Egg Custard | Eggs, soybeans, milk |
| Cardamom Ice Cream | TBA |
| Cinnamon Ice Cream | TBA |
| Honeycomb Ice Cream | TBA |
| Vanilla Ice Cream | TBA |
| Sorbet (served as palate cleanser) | TBA |

Coffees:

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| Espresso | None |
| Cappuccino | Milk |
| Latte | Milk |
| Americano | Milk (if served white) |
| Macchiato | Milk |
| Brandy Liqueur | Milk |
| Liqueur, other | Milk |

Teas:

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| English | Milk (if served white) |
| Jasmine | None |
| Green | None |
| Mint | None |

Waters:

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| Hildon Mineral Water (Still) | None |
| Hildon Mineral Water (Sparkling) | None |

Fruit Juices:

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| Mango | TBA |
| Guava | TBA |
| Lychee | TBA |
| Orange | TBA |

Soft Drinks:

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| Appletiser | None |
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| Coke | None |
| Diet Coke | None |
| Lemonade | None |
| Britvic J20 Apple and Mango | None |
| Britvic J20 Orange and Passion Fruit | None |
| <u>Schweppes Mixers:</u> | |
| Tonic Water | None |
| Slimline Tonic Water | None |
| Bitter Lemon | None |
| Canada Dry Ginger Ale | None |
| Soda Water | None |
| <u>Cider:</u> | |
| Magners | TBA |
| <u>Beers:</u> | |
| Singha | TBA |
| Tiger | TBA |
| <u>Wines:</u> | |
| <u>DeCanal House:</u> | |
| 1. Pinot Grigio | TBA |
| 2. Pink Zinfandel | TBA |
| 3. Primitivo | TBA |
| <u>Monsoon Valley:</u> | |
| 4. Premium Colombard | TBA |
| 5. Premium Shiraz Rose | TBA |
| 6. Premium Shiraz | TBA |
| <u>White:</u> | |
| 7. Pinot Grigio Boira | TBA |
| 8. Chardonnay | TBA |
| 9. Pear Tree White | TBA |
| 10. Gewurztraminer | TBA |
| 11. Sauvignon Blanc | TBA |
| 12. Vire Clesse | TBA |
| 13. Riesling | TBA |
| 14. Rueda | TBA |
| 15. Torrontes Reserva | TBA |
| <u>Rose:</u> | |
| 16. Sancerre Rose | TBA |
| <u>Red:</u> | |
| 17. Carmenere Reserva | TBA |
| 18. Everton Red | TBA |
| 19. Pinot Noir | TBA |
| 20. Ripasso Della Valpolicella | TBA |
| 21. Zinfandel | TBA |
| <u>Dessert:</u> | |
| 22. Yalumba Hand Picked Botrytis | TBA |
| <u>Sparkling:</u> | |
| 23. Raboso Rose | TBA |
| <u>Champagne:</u> | |
| 24. Moet et Chandon | TBA |
| 25. Laurent Perrier | TBA |
| 26. Dom Perignon | TBA |
| <u>Spirits:</u> | |
| All items | TBA |
| <u>Liqueurs:</u> | |
| All items | TBA |

TBA - To be advised (information currently unavailable from supplier/manufacturer)